



GEMS

March 2021

A Meal Program for Older Adults living in the RM of Macdonald



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3 Mmmm-meatloaf	4 Mmmm-meatloaf	5	6
7	8	9	10 Lemon Chicken	11 Lemon Chicken	12	13
14 Spring Forward	15	16	17 Lasagna 	18 Lasagna	19	20
21	22	23	24 Liver n'Onions	25 Liver n'Onions	26	27
28	29	30	31 Easter meal	1 Easter meal	2 Good Friday	3

Please call Leanne at 204-735-3052 to sign up no later than the Monday before each week's meals.
We will try to accommodate special dietary requests. **Please call ahead to confirm.**
 Menu subject to change. **\$10 per person**